



Mentors:

A key to success in college,
career and life

What's a mentor?

- A person who:
 - Provides helpful information
 - Offers support and advice
 - Acts as a sounding board: let's me know I'm not alone
 - Understands my goals and helps me achieve them
- Mentors vs. Role Models
 - A mentor is someone you have a relationship with, which does not have to be the case with a role model

Why should I have a mentor?

- Students who have mentors:
 - Are more confident
 - Feel less stressed
 - Have more opportunities
 - Establish career goals
 - Develop professional networks
 - Are more likely to stay in their major and graduate
- Someday you will be a mentor to other

Who could be my mentor?

- Faculty members
- Professionals in my field
- Peers
 - Senior students
 - Students in my class
- Having more than one type of mentor is very helpful!

How can I find a mentor?

- Get to know people in class
- Meet the CS faculty
- Go to CS department functions
- Join professional societies
- Take advantage of every opportunity to network!